

## Fact Sheet

# Facials and Make-up Application

Facials can be invasive procedures that involve a risk of exposure to blood or body fluids, especially when the procedure involves extractions. **Infection prevention and control precautions must be followed to protect both personal service workers and clients.**

***You do not have to see blood or body fluids on the instruments for an infection to occur. The following information is a supplement to the general operational requirements for personal service establishments.***

### Infection Prevention and Control Requirements

- Inspect client's skin. Do not provide service on inflamed, infected skin with rashes or open wounds.

### Hand Hygiene & Glove Use

- Hand hygiene must be performed:
  - Before and after a treatment/procedure.
  - Before and after wearing single use gloves; and In between breaks in service
- Gloves or finger cots are not required for routine procedures in which contact is limited to a client's intact skin.
- Wear single use gloves or single use finger cots for:
  - Contact with blood, body fluids, secretions and excretions from mucous membranes or non-intact skin.
  - Handling items visibly soiled with blood body fluids, secretions and excretions.
  - When the personal service worker has non-intact skin on their hands gloves or finger cots should be worn and changed between clients, and breaks in treatment/service of the same client.
- Gloves should be changed between clients and procedures with the same clients.
- Gloves should be removed immediately after completions of the procedure, at the point of use and before touching clean environmental surfaces.
- Single use disposable gloves should not be reused or washed.

### Blood and Body Fluids Exposure

- Instruments that accidentally break the skin during a procedure must be cleaned and high level disinfected prior to re-use.
- Records of the exposure must be completed. Keep client records and accidental blood and body fluids exposure records on site for one year and on file for 5 years.
- Hepatitis B vaccination is strongly recommended.

### Equipment

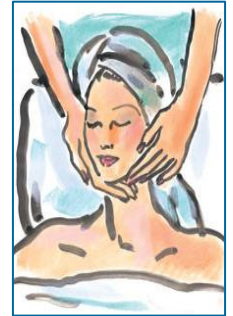
- Dispense creams, lotions, makeup for each client:
  - With a single use disposable applicator (e.g. spatula) or
  - Into a clean single use container and discard container after use
  - In a manner that does not contaminate the remaining portion.
- Empty cream and lotion containers should be discarded or cleaned and disinfected using a low level disinfectant before refilling.
- Reusable spatulas must be constructed of non-porous material (e.g. metal) which can be cleaned and disinfected between clients. Ensure spatulas do not contaminate the original container. Clean and disinfect using a low to intermediate disinfectant.

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### ***Equipment cont.***

- Equipment that cannot be properly cleaned and disinfected between clients is single use (e.g. facial sponges, cotton balls, tissues, applicators, facial steamer machine inserts etc.) and must be discarded immediately after use.
- Use pre-packaged, single use, sterile needles or lancets for extractions. Discard used needles or lancets into an approved sharps container after each use.
- All reusable equipment that contacts only intact skin must be thoroughly cleaned and then low to intermediate level disinfected after each use.
- All reusable equipment that comes in contact with non-intact skin, blood or body fluids requires cleaning and an intermediate to high level disinfection (e.g. high frequency glass or metal probes, comedone extractors).



- The water in the facial steam vapour machine should be emptied and cleaned on a regular basis.
- Use single use applicators for applying eye make-up. **Do not double dip!**
- Eyeliner & lip liner crayons should be sharpened after each client. Clean sharpener daily.

- Make-up brushes should be washed with soap and water, rinsed, and then disinfected with a low level disinfectant after each client.

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