How Do I Access VCH Vancouver Adult Substance Use Counselling and Groups?

Service Name	Type of Service and How To Access
Cambie Older Adult	
Mental Health and Substance Use	1:1 counselling for individuals over 65 – call for intake
200 - 4088 Cambie St.	
Telephone: 604-709-6785	
STEPS	1:1 counselling – for clients of Heatley, Downtown and Pender Integrated
312 Main St.	Care Teams only
Telephone: 604-216-8741	
Evergreen Community Health Centre	1:1 counselling – call or drop in for intake
3425 Crowley Dr.	1.12 counseling can of drop in for intake
Telephone: 604-707-3620	
Raven Song Community Health Centre	1:1 counselling - call or drop in for intake
3 rd Floor - 2450 Ontario St.	Acupuncture – drop in Wednesdays at 3:15pm
Telephone: 604-872-8441	Rewarding Change Group – Thursdays at 2 – call for more information
Robert and Lily Lee Family	Daytox Group Program – call Access Central at 1-866-658-1221
Community Health Centre	1:1 counselling – for clients of Grandview Woodlands substance use
310-1669 East Broadway	medicine team only
Telephone: 604-675-3990	SMART - Mondays 3:30pm in person, Tues 6pm online, Wed 4pm online,
·	Thurs 6pm online
South Mental Health	1:1 counselling - call or drop in for intake
and Substance Use Services	STAR Women's Group Program – call or drop in for intake Acupuncture – drop in Tuesdays and Thursdays 2pm
220-1200 W. 73 Ave.	
Telephone: 604-266-6124	
star@vch.ca	1.1 serves line and an area in far inteles
Three Bridges Community Health Centre	1:1 counselling - call or drop in for intake VAMP Group Program – call or drop in for intake
301-1290 Hornby St.	Acupuncture – drop in Tues and Fri 3:15pm
Telephone: 604-714-3480	SMART – Fridays at 6pm and Saturdays at 11am
The Junction	Groups, social activities, peer support meetings, one to one support
vancouverjunction@vch.ca	contact to sign-up or visit website for more info:
604-812-3139	http://www.vch.ca/en/service/vancouver-junction
Youth Substance Use Services	Call 604-209-3705 for more information
TOULIT SUBStatice USE SETVICES	Can do 7 203-3703 for more information

More information about SMART available at https://www.vch.ca/en/service/smart-recovery#short-description--6646

All sites offer free harm reduction supplies including naloxone. No referral required for SMART or acupuncture.