



SHEWAY

A Community Project for Women and Children

DROP-IN HOURS FOR WOMEN: Monday to Friday, 10:30am to 3:30pm

Lunch is served Monday to Friday, 11:30am to 1:30pm

Staff is available by phone Monday to Friday, 8:30am to 4:30pm

SHEWAY is a Pregnancy Outreach Program (P.O.P.) located in the Downtown Eastside of Vancouver. The program provides health and social service supports to pregnant women and women with infants/children who are dealing with drug and alcohol issues. The focus of the program is to help the women have healthy pregnancies and positive early parenting experiences.

Staff at SHEWAY includes:

- Client Care Coordinator
- Social Worker
- Nutritionist
- Clinical Coordinator
- Infant Development Consultants
- Outreach / Health Care Worker
- Nurses
- Family Physicians
- Aboriginal Peer Support Worker / Cook
- Aboriginal Family Support Worker
- Administrative Assistant
- Receptionist / Client Engagement
- Medical Office Assistant
- Psychiatrist

SHEWAY also works directly with:

- Pediatricians from RICHER Clinic, BC Children's Hospital, specializing in developmental assessments
- VCH Aboriginal Health, Elder In Residence Program
- Infant & Children Occupational Therapist, Physiotherapist and Speech/Language Pathologist
- Music Therapists from Vancouver Native Health Society
- FIR Square (Families in Recovery), BC Women's Hospital supporting pregnant and postnatal women during their hospital stay
- Financial Assistant Workers from the Ministry of Social Development and Social Innovation

SHEWAY provides:

- Daily hot lunches
- Weekly food bags & milk support
- Nutrition counseling and prenatal vitamins
- Practical support for securing medical care, housing, advocacy and social benefits
- Prenatal and postnatal care
- Well baby care, child and adult immunizations
- Parenting support
- Referral and access to support groups and community resources
- Concurrent disorders and trauma counseling
- Contraception counseling and provision
- STD/HIV counseling and testing
- Baby food, formula, toys, diapers and baby clothes - when available

SHEWAY is a partnership governed by:

Vancouver Coastal Health
Vancouver Native Health Society
Ministry for Children and Family Development
Ministry of Social Development and Social Innovation
YWCA of Vancouver

SHEWAY is a Coast Salish word meaning "Growth".

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