

Arthritis Continuing Education Opportunities

In-person courses/workshops

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Mary Pack Arthritis Program's Assessment and Management of Rheumatic Diseases

Vancouver, BC (Course fee)



4-day hybrid, evidence-based workshops to provide physical therapists, occupational therapists and nurses an opportunity to increase or update their knowledge and practical skills in arthritis care and education. Participants practice hands-on assessment skills with patient models, learn from multidisciplinary instructors and case studies, and discuss innovative approaches to treat patients in both public and private practice settings.

<https://www.vch.ca/en/arthritis-resources-health-professionals#wysiwyg--104226>

Clinical Practice Skills for Inflammatory Arthritis

Toronto, ON (Course fee)



5-day hybrid, professional development program uses a blend of online, didactic, interactive and experiential learning on the most prevalent arthritis conditions. CPSIA is suitable for a wide range of professionals who provide client-centred healthcare to people with arthritis across a continuum of settings and stage of disease.

<https://arthritis.ca/healthcare-professionals/professional-education/clinical-practice-skills-for-inflammatory-arthritis>








Advanced Clinician Practitioner in Arthritis Care (ACPAC) program








Toronto, ON (Course fee)



ACPAC is a 10-month hybrid academic and clinical training program that prepares experienced physical therapists, occupational therapists and nurses for extended practice roles in the diagnosis and management of patients with arthritis. An adult-learner, competency-based inter-professional program delivered in episodic format including 5 weeks of on-site attendance in Toronto, ON.

<http://acpacprogram.ca/>

Online professional educational courses/modules	
<p>RheumTalks Courses and Programs</p> <p>Courses are comprehensive multi-topic educational series while Programs focus on a single-topic such as management of osteoarthritis, differentiating IA from mechanical (degenerative) arthritis from chronic pain conditions and rheumatology laboratory for non-rheumatologists.</p> <p>http://rheumtalks.com/</p>	
<p>RheumTutor</p> <p>Developed by an Ontario rheumatologist, and includes videos, guides and manuals on various rheumatic diseases (including ankylosing spondylitis, polymyalgia rheumatica, rheumatoid arthritis, scleroderma), investigations (e.g., Rheumatoid Factor, Synovial Fluid Analysis), assessment tools, medications (including DMARDs, Biologics, Biosimilars) and MSK examination of the spine and peripheral joints. Also includes series of clinical images.</p> <p>https://www.rheumtutor.com/</p>	
<p>Arthritis Training, Learning and upSkilling for Health Professionals (ATLAS)</p> <p>Interdisciplinary, evidence-based and practice-relevant content co-created by Australian and international arthritis clinicians, researchers and people with lived experience. A series of modules and learning pathways. Free to access with registration.</p> <p>http://arthritiseducation.mygo1.com</p>	
<p>ARP Advanced Rheumatology Course (ARC) (course fee)</p> <p>Educational modules are categorized as core (applicable to both adult and pediatric patients), adult only, and pediatric only) Includes 6 core modules addressing MSK structure and function, rheumatic disease classification, laboratory evaluation, imaging and therapeutic interventions. (Will re-launch summer 2023)</p> <p>https://learn.rheumatology.org/local/intellicart/view.php?id=161</p>	
<p>ARP e-Bytes (free to ARP and ACR members)</p> <p>Intermediate and advanced level learning activities delivered in a quick (up to 30 minutes), easily accessible, and flexible format. Free to ARP and ACR members. Topics include osteoarthritis (3 modules), rheumatoid arthritis (3 modules), biosimilars, how to read x-rays, hypermobility and osteoporosis.</p> <p>http://www.rheumatology.org/I-Am-A/Health-Professional/Health-Professional-Education</p>	
<p>ARP Fundamentals of Rheumatology Course (FRC) (course fee)</p> <p>The 10-module course was revised in 2022 and includes: Immunology basics, overview of systemic rheumatic diseases in adults and children, assessment of the adult and child with rheumatic disease, managing pain, rehabilitation to improve function, fatigue and pain, and addressing psychosocial impact.</p> <p>https://learn.rheumatology.org/local/intellicart/view.php?id=61</p>	
<p>British Society for Rheumatology (free with registration)</p> <ul style="list-style-type: none"> - Access to elearning modules including axial spondylitis, hypermobility, myositis, osteoporosis, vasculitis and scleroderma. Also offers monthly podcast. <p>https://www.rheumatology.org.uk/e-learning</p>	

<p>EULAR School of Rheumatology https://esor.eular.org/ Online course for health professionals in rheumatology (course fee) Eight modules take a multidisciplinary perspective of the treatment of rheumatic diseases. Course takes approximately 2.5 hours per week for a period of 9 months. Disease-specific modules on RA, OA, FM and regional MSK pain. https://esor.eular.org/enrol/index.php?id=479</p>	
<p>EULAR HPR Online Course Modules on Physical Activity Two modules addressing physiological mechanisms by which physical activity and exercise can improve disease-related and clinically-important outcomes in rheumatic diseases and important information on how to implement physical activity advice in clinical practice. (free access) https://esor.eular.org/course/view.php?id=287</p>	
<p>Future Learn – PEAK (Physiotherapy Exercise and physical Activity for Knee osteoarthritis) Online training modules guide physiotherapists in best-practices in virtual and in-person care for knee OA. Focuses on patient empowerment through education, exercise prescription and physical activity planning. (limited free access with registration) https://www.futurelearn.com/courses/peak</p>	
<p>Future Learn - EduWeight: Weight Management for Adult Patients with Chronic Disease Two online training modules that address associations between overweight with chronic diseases and benefits of weight loss, dietary interventions, weight stigma, having positive and supportive weight management discussions, and applying behaviour change techniques to promote health eating and weight loss. (limited free access with registration) https://www.futurelearn.com/courses/eduweight</p>	
<p>Future Learn - RA: Exercises for hands (SARAH) Two online modules on an evidence-based therapeutic hand exercise program for people with rheumatoid arthritis (4 hours total; limited free access with registration) https://www.futurelearn.com/courses/exercises-for-rheumatoid-arthritis-in-hands-a-course-for-healthcare-professionals</p>	
<p>Hospital for Special Surgery (HSS eAcademy) Provides a variety of CE activities online with more than 550 courses, recorded webinars, and surgical videos and many are free of charge. Note: Most content geared to physicians & medical students. https://www.eacademy.hss.edu/catalog?labels=%5B%22Surgical%20Videos%22%5D&values=%5B%22All%20Surgical%20Videos%22%5D</p>	
<p>PRIME Education, Inc. (free) Variety of online CME modules intended for nurses, physicians and PAs. Topics include psoriatic diseases and atopic dermatitis, comorbidities and patient-reported outcomes in RA, and targeted therapy in RA. https://primeinc.org/cme/ancc/rheumatology/online</p>	
<p>Rheumatology Nursing Society (free registration) Many online courses available for free, designed specifically for nurses. Topics include impact of obesity on patients with rheumatoid arthritis, DMARD monotherapy for the treatment of RA and presentation, assessment & treatment of lupus flares. https://rnsnurse.org/learning-center/</p>	

RAP-eL (free)

Developed for PTs, the modules provide disease-specific knowledge and clinical practice strategies to optimally manage people with rheumatoid arthritis. Modules include disease and recognition, early stages, chronic stages and extra-articular features and co-morbid conditions. Two case studies provide clinical vignettes and with accompanying quizzes.

Supplemental materials include Evidence tables, Summary sheets and outcome tools (e.g., CDAI)

<http://www.rap-el.com.au/about.html>

VERSUS Arthritis

Learning modules

- Core skills in MSK care workshops: modules include IA, OA, gout and PMR, FM, common upper and lower limb conditions, and back and neck pain

Supplemental resource materials (e.g., MSK exam videos, tools)

- Videos for health care professions (regional examination of the MSK System and MSK ultrasound)
- Joint Matters is a clinical update written by health care professionals
- Back pain exercises comprises 7 video clips of back pain exercises
- MSK impact toolkit has guidance and resources on how learning has impacted patient care
- Information for your patients - exercise sheets and video clips for patients: e.g., back pain exercises, knee pain exercises, OA exercises, etc.

<https://www.versusarthritis.org/about-arthritis/healthcare-professionals/>