# 2024-2025 UBC Hospital Severe Mental Illness Practica

#### **Primary Supervisors**

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# **Description**

The SMI practicum offers assessment and treatment training experiences working with clients presenting with a range of psychotic illnesses and other psychiatric comorbidities within an inpatient setting. It is anticipated that several positions will be available for 2024-2025; one focusing on psychological assessment and treatment, one on neuropsychological assessment appropriate for students interested in careers in clinical neuropsychology, and a further intervention position in Cognitive Remediation Therapy (CRT). These practica will be based within the BC Psychosis Program Inpatient Unit (BCPP) at UBC Hospital.

Students will have the opportunity to acquire experience and skills in psychotherapy and psychodiagnostic areas, cognitive remediation, and/or in neuropsychological assessment. The clinical population consists of individuals presenting with treatment-resistant schizophrenia spectrum and other psychotic disorders. The neuropsychological assessments will range from cognitive screens for new admissions to more comprehensive assessments to address a range of questions around diagnosis, functional capabilities, discharge planning, and treatment recommendations. In addition, the intervention position will allow students to be involved with the delivery of individual and group CBT for psychosis as well as being involved with interdisciplinary treatment planning for clients. There is also the opportunity to acquire skills in the development and delivery of a cognitive remediation program to address cognitive and functional impairments.

As part of the clinical training, students will be exposed to working as part of a multidisciplinary treatment team, and will have the opportunity to participate in routine diagnostic and/or patient rounds. Depending on scheduling, students may also attend a range of didactics including BC Psychosis Education Rounds, Neuropsychiatry Rounds, Psychiatry Rounds, and Psychology Rounds.

Practicum dates may be flexible but comprise a minimum of 2 days per week. The neuropsychological assessment and cognitive remediation positions typically run throughout a full year, whereas the psychological treatment position runs for a six month period. However,

there is flexibility in the duration of placements. All of these positions are considered advanced practica, and thus preference will be given to more senior graduate students.

# Application requirements and deadlines

All trainees will be required to show proof of full vaccination status for COVID-19.

Applications include a CV, copy of unofficial transcript, 2 reference letters (or emails from referees), and a cover letter documenting interests and goals. Please do not hesitate to contact supervisors with any questions about the practicum or application procedures.

Application Deadline: Monday February 26, 2024. Notification deadline: Monday March 25, 2024.